

CREATIVE ARTS CONTEST

Presented by Texas Health and Human Services
Commission in partnership with Texas System of Care
and Texas Institute for Excellence in Mental Health

Draw, write, or record why
mental health matters to you!

Submit by
March 15



See next page for rules
and how to enter.

ENTRY CATEGORIES

Poster Art · Writing · Video · Photography

WHO CAN ENTER

Texas Students (Elementary, Middle, and High School) and **Adults**

PRIZES

Winners in each age group and category will receive special prizes and have their work recognized in public galleries, including one at the State Capitol from April 30 to May 7. Winning submissions will also be published on contest holders' official websites.

Category Rules

Theme: Why Mental Health Matters to Me
Submit by March 15, 2018

POSTER ART

- Must be an original artwork that combines drawing, pictures (and words if you wish) to express the contest theme.
- Materials used may include pencil, ink, charcoal, crayon, markers, pastel, paint, mixed media, collage or similar 2D media.
- Poster must be no larger than 11 inches by 17 inches.
- Student's first and last name and student's school must be on the back of the poster.

WRITING

- Must be a story, essay or poem based on the contest theme and no longer than 300 words.
- Must be typed or, if handwritten, must be legible.
- Please ask an adult to review spelling and grammar for errors before you submit.
- Student's first and last name and student's school must be on the back of the page.

VIDEO

- Must be an original video no longer than 120 seconds that addresses this year's theme.
- You can submit an individual or group entry (each participant whose face is shown must complete an entry form).
- The video must be posted on YouTube or Vimeo and must be appropriate for children.

PHOTOGRAPHY

- Photos can't show a person's face.

How to Enter

1 FILL OUT ENTRY FORM

Each entry must be submitted with the [official contest entry form](#). If a student participant would like his or her entry displayed or published for state use, a parent or guardian must sign the consent form to allow use of the participant's work.

2 SEND IT

Email the consent form and scanned entry (or video link) to info@txsystemofcare.org, or mail to:

CHMAD Art Contest
1717 West 6th Street, Suite 335
Austin, TX 78703

Judging is based on originality, creativity and how well your entry expresses the contest theme. A team of judges will select the top submissions for each category and grade level. Entries, once submitted, become the property of the Texas Health and Human Services Commission and Texas System of Care and may be used for the purpose of promoting awareness of mental health issues. Entries may be posted to the HHSC and Texas System of Care websites and used in promotional materials.