Introduction

The purpose of these guidelines is to set standards and clarify responsibility to ensure care and safety of all Disaster Cycle Services workers.

Use the current CDC precautions, which may change frequently:
https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html

- ***Wash your hands*** regularly with soap and water for at least 20 seconds.
- If soap and water are not available, use an alcohol-based, approved hand-sanitizer.
- ***Wear a mask*** that covers your nose and mouth. A face mask will be provided for your use. Alternatively, a cloth mask brought from home may be worn. A face mask must be worn whenever you are in any community setting, including in all Red Cross buildings or worksites, whether indoors or outside. If you are unable to wear *any* type of face mask, you will be unable to work. For more guidance on the use of masks, visit the following link on The Exchange in the COVID-19 Toolkit: **Allocation and use of face masks**
- ***Cover your nose and mouth*** with a tissue or sleeve when coughing or sneezing, and throw the tissue away after use. If a tissue isn't available, cough or sneeze into your elbow, not your hand. Sanitize or wash your hands immediately after coughing or sneezing.
- ***Practice social distancing*** (even while wearing a face mask). Maintain a distance of 6 feet whenever possible.
- ***Sanitize surfaces regularly***. Ensure all surfaces are being sanitized regularly, including all equipment, cell phones, doorknobs, and light switches at your worksite and lodging location.
- ***Self-monitor for symptoms* of COVID-19. The most common signs are:**
  - Fever/Chills
  - Cough
  - Shortness of breath / difficulty breathing
- **Do not report for a shift** if you have symptoms of any illness.
- **Guidelines for taking temperatures:**
  - Temperature must be taken ***before*** reporting to any Disaster Action Team (DAT) or disaster relief operation (DRO) worksite or the beginning of a DAT or DRO shift regardless of lack of symptoms or how you feel.
  - Wait 30 minutes after eating, drinking, or exercising before taking your temperature.
  - Wait at least 6 hours after taking medications that can lower your body temperature before taking your temperature. Examples of these medications include:
    - Acetaminophen
    - Ibuprofen
    - Aspirin

Note: Medicines listed above can be found in many over-the-counter medications such as headache, pain, cold, and allergy medicines.

Note: *Regions may purchase and distribute thermometers to on-call Disaster Action Team members to support self-screening as requested by individual responders who do not have a personal thermometer and may stockpile additional thermometers as necessary to initiate larger-scale operations. Masks may also be provided to responders. Charge costs associated with these purchases to DR 251-20. (Account string: 052-37000-23-4251-XXXX-0009)*

Worker Wellness	Health Screening for DAT Responders	Health Screening for Workers on a DRO	Enhanced Disinfecting	Social Distancing	When Not to Work
TAKE YOUR OWN TEMPERATURE *before* presenting for any shift or DAT call. **DO NOT ATTEND A SHIFT or DAT call** if you have a temperature higher than 99.5°F, fever/chills, cough, shortness of breath, or difficulty breathing – stay home or in assigned DRO lodging. Consult with Staff Health. **CALL YOUR SUPERVISOR** if you are sick or become sick while working. **AVOID TOUCHING eyes, nose, and mouth** with unwashed hands. **ELIMINATE** hand shaking, hugging, or touching others **WEAR A MASK** that covers your nose and mouth at all times when in a community setting, and anytime you are in any Red Cross Vehicle, building, or worksite	**DAT WORKERS MUST TAKE THEIR TEMPERATURE** before each shift and before responding to a DAT call. **WORKERS WITH TEMPERATURE GREATER THAN 99.5°F or symptoms of <u>any</u> illness** are asked to return home or will be instructed to stay home. **WORKERS ARE ASKED A SERIES OF DAT Response Screening Questions** prior to responding	**WORKERS ON A DRO MUST TAKE THEIR TEMPERATURE** before each shift. If you have a temperature higher than 99.5°F, and/or symptoms of any illness– stay home or in assigned DRO lodging. Consult with Staff Health. **DRO HEALTH SCREENER OR DISASTER HEALTH SERVICES TAKE WORKER TEMPERATURES** daily before permitting them into a DRO Headquarters or other work locations. **WORKERS WITH TEMPERATURES GREATER THAN 99.5°F,** and/or symptoms of any illness will be referred to Staff Health and may be asked to return home or will be instructed to stay home or in assigned DRO lodging.	**PLACE HAND SANITIZERS** at check-in areas of any work location and promote use to all workers. **ASK WORKERS TO USE HAND SANITIZER** prior to using tablets, laptops, pens, etc. **CLEAN and SANITIZE** all surfaces with sanitizing spray, disinfecting wipes, or bleach solution (1/3 cup bleach to 1 gallon of water). Sanitize all equipment touched by workers between each use and every 4 hours.	**DO NOT CONGREGATE** in one area. **MAINTAIN 6 FEET SEPARATION** whenever possible. **SPREAD OUT CHAIRS in congregating spaces and workspaces** to the extent possible. **WEAR GLOVES** and sanitize or wash hands frequently. **PUT OUT LIMITED NUMBER** of individual servings of snacks and water to reduce handling. Set items down and step away at least 6 feet. Enforce a "If you touch it, you take it" policy with clients. **SANITIZE THE SURFACE** before putting out new items.	**YOU WILL NOT BE ASSIGNED TO A DAT RESPONSE OR DRO** for 14 days after having: • Any COVID-19 symptoms • Direct contact with someone who tested positive for COVID-19.